



MOUNTAIN ADVENTURE SCHOOL SUMMARY SHEET 2018

PROGRAM SUMMARY – MAS 350 (Excursions)

Offered Jointly by: HeLa Ventures and Progressive Academy

Location: HeLa Ventures Field School, located 24 km. West of Rocky Mountain House

Dates: July 16 – July 27, 2018

Departure: 9:00 AM Day 1 from Progressive Academy (13212 106 Ave NW, Edmonton)
Return to Edmonton: 2:00 PM Day 12 to Progressive Academy

Transportation: Transportation will be provided by school bus for the duration of the program.

Program Director: Lana Ohler-Madsen

HeLa Staff: David Erasmus, additional guides and support staff.

Progressive Academy Teachers: Brett Pawlyk

Emergency Contact Information: Camp Phone: (403) 845-4325;
Lana's Cell (780) 932-4820; Edmonton office: (780) 468-1492

Email: mas@progressiveacademy.ca

Fee: \$2195 (to be paid online upon registration)

Special dietary requirements (gluten-free, lactose-free, vegan etc.): \$120.00 per student. No surcharge for vegetarian or nut free diets.

The fee includes: meals, accommodations, curriculum instruction and supplies, guiding, equipment, and transportation.

MAS 350 - EXCURSIONS

PREREQUISITES: MAS 201 or 202

GOAL: The goal of the twelve day program is to provide students with the opportunity to experientially meet curriculum objectives for CTS module options utilising outdoor excursions as the medium for the experience. This course is designed to provide the skills and knowledge necessary to travel efficiently and safely in the wilderness for extended periods of time.

SPECIFIC OBJECTIVES:

Over the course of twelve days the students will have the opportunity to:

1. Experience leadership in a variety of outdoor pursuits activities in a safe and supportive environment;
2. Develop competency in wilderness navigation techniques;
3. Develop and demonstrate the skills required for Paddle Canada River Tripping Skills;
4. Present a plan for an extended outdoor excursion (river trip);
5. Experience meal planning and food management in the context of extended wilderness travel;
6. Become advocates for care and protection of the environment through stewardship and outdoor recreation;
7. Demonstrate an understanding of the relationship between consumerism and our environment;
8. Foster an interdependent relationship between themselves and other individuals and between themselves and the environment.

Brief Overview of Activities:

- Day 1-2: Onsite classroom sessions and preparations for the river trip
Day 3: Drive to Northern Saskatchewan
Day 4-11: Fly in to the access of the Churchill River and spend 8 glorious days on the river!
Day 12: Drive back to Edmonton and final good-byes

PLEASE NOTE: The times indicated on the schedule are tentative. During the program, we will be on a flexible schedule in order to meet the needs of the group. For safety reasons, we reserve the right to alter the schedule and activities should the weather or river conditions present any threat to a safe, enjoyable trip for the students.

Curriculum Covered and Credits:

1. WLD 1080 – Angling and Fish Management Theory (1 credit)
2. WLD 1060 – Wilderness Navigation (1 credit)
3. WLD 2920 – Project C Intro to River Rescue (1 credit)
4. WLD 2950 – Practicum Paddle Canada River Tripping Skills (1 credit)
5. TOU 1010 – The Tourism Sector (1 credit)
6. TOU 1120 – Adventure and Eco tourism (1 credit)
7. FOD 1910 – Special Project A Food management for extended wilderness travel (1 credit)
8. ENS 1010 – Stewardship (1 credit)
9. ENS 1910 – Project A Stewardship in Recreation (1 credit)
10. ENS 1030 – Consumerism (1 credit)

In addition to the credit objectives completed in the above programs, the program will focus on safety skills in the outdoors, and No Trace Camping principles.

A course package will be required to be completed at home prior to departure on the trip. This will provide opportunity for students to be familiar with the theoretical knowledge required to achieve some of the credits listed above. A teacher will be available by email/phone to assist as students complete the packages. The packages will be sent by email in early May and an appropriate due date will be assigned at that time.

Equipment: All group equipment will be supplied by HeLa Ventures. Students will be provided with a full list for personal equipment to bring. Tents and waterproof barrels will be supplied for the river trip. Due to space issues at the campsites, the tents will be shared with other students (gender specific).

Teaching Staff: The program will be taught by certified Alberta teachers. Experts in the field will assist with the teaching of outdoor pursuits and Phys. Ed program objectives.

Safety Policies: All programs are delivered with safety as the first priority and are led by highly trained and certified guides. A copy of our safety policies may be provided upon request. Please contact mas@progressiveacademy.ca, and a copy will be sent to you electronically. Please feel free to contact the Program Director, Lana Ohler-Madsen at any time with questions or concerns.

Assumption of Risk and Medical Forms: In order to participate in the program, a parent/guardian of each participant must complete the Assumption of Risk form and complete the medical information component of the registration form. The completed forms should be returned to Progressive Academy by mail or email by June 15. If there are any medical or dietary issues we should be aware of in advance, please contact Lana by phone or email (see below).

Thank you very much for your interest in Mountain Adventure School 350. We know that your experience will be fun and memorable!

Please feel free to contact us at any time for further information.

Sincerely

The MAS Team

c/o Lana Ohler-Madsen
Director, HeLa Ventures Ltd.
780-468-1492 (office), 780-932-4820 (cell)
Email: mas@progressiveacademy.ca