# General

## Where is the camp?

The camp is just 15 minutes West of Rocky Mountain House.

# Registration

#### What is the registration deadline?

There is no deadline on registration. The camps do fill up quickly so it is recommended that you complete your registration as early as possible. Keep in mind that there is pre-camp work to be done for all sessions that may take a week to complete before departure.

#### What are the entrance criteria?

Students should be good readers, as the course proceeds quickly. We are not setup to handle, and will not accept anyone on behaviour modifying medications or with other behavioural issues, including but not limited to trouble with the law or eating disorders.

## **Special dietary needs?**

The camp runs a nut-free kitchen, and is quite used to preparing meals for all kinds of diets including celiac, diabetic, vegetarian and most religious diets. For kosher, the only requirement would be that you bring your own meat. If you have any further questions, we can get you in direct contact with the coordinator.

#### What is the payment policy?

Registrations are accepted on a first booked basis. Due to the nature of booking guides,

transportation and food, there are no refunds on the course fees.

#### What are the info nights?

We run two information sessions for our registered students, one in June and one in July. The dates will be available upon registration. During this session the camp coordinators are available at Progressive Academy to present information and answer questions. One session is recommended for at least one parent and the student as well, and can be booked through the registrar.

#### What do I need before attending?

Before departing for the camp, we require the registration form, medical form and the risk waiver form signed, as well as full payment for the course. Students are required to have their pre-camp work done as well. (see Curriculum)

# Equipment

#### What should I remember to bring?

There is an equipment list that is available on the website. One thing that you might overlook is spending money. There is a day where the students go into Rocky Mountain House, which is an opportunity for them to do laundry and relax a bit.

## What should I not bring?

Smoking is not allowed and don't bring valuables.

#### What about cell phones, video games?

Sure... bring them. Problem is: there's no cell phone service, and not much time for games. There is a land line at the camp, so there is communications, but don't expect to be texting or surfing social media sites. MAS is about real socialization in a team-building environment, far away from the ordinary! For that reason, no electronics are allowed during program hours.

## Do I need to bring my own tent?

There are tents available at the camp, but it's good to bring your own.

## Can I bring my own bike?

The camp has adequate bikes for everyone to participate in the program. If you are coming by the Hela bus from Edmonton, we do not have room for bikes. If you are driving out, you are welcome to bring your own bike, but we can not be held responsible for it.

# Curriculum

#### Why is there pre-camp work for each program?

There are a number of things in the course that are much easier to complete at home. There is no reliable internet access at the camp, so research is limited.

#### What material is covered in the pre-camp work?

For MAS 101 the course work covers some CALM modules. For MAS 201/202 elements of HSS 1080 and HSS 1100 are covered. For Mas 230/330, HCS 3000 will be covered. For Mas 301 some elements of WLD 2020 and 3910 are covered.

# What days will teachers be able to help for pre-course work?

There will be one evening per week during April and May, plus one week in July. Dates will be sent out with the coursework on April 1st.

#### What is the supervision like?

We pride ourselves in providing the safest environment possible, so all our guides are highly trained in their fields. During activities like hiking, the ratio is 12:1 guide to student, on the river trip we run with a 6:1 ratio.

#### What hours does instruction run?

Students are awoken at 8:00 am, and free at 9:00 pm. Lights out is 10:00 pm. Every moment in between is a learning experience, from breakfast meetings until after dinner journaling or reflection.

#### How do school credits get earned?

Mountain Adventure School is just that: a school environment. Normal school rules apply, so in order to earn credits, the student must complete and pass each course.

#### What is the policy regarding behaviour?

There is no smoking, drinking or drug use allowed at MAS. Students are expected to behave well at all times, and any incidents that affect the well being of another student or the group can result in expulsion, at which point parents are called to pick up the student. MAS is a program that depends on the students cooperating to maintain a safe environment, so any behaviour that jeopardizes that is dealt with quickly.