



*Specializing in Custom Québec Programs Since 1962*

# PROGRESSIVE ACADEMY

*QUÉBEC CITY / MONTRÉAL / OTTAWA CLASSIQUE*

*March 24 - 31, 2020*



**TUESDAY**

**MARCH 24, 2020**

**DAY 1**

- AM** Group to meet at Edmonton airport and check in at ticket counter
- AM** Depart Edmonton *AIR SCHEDULE TBA*
- PM** Arrive Québec – Meet UNIROPA Coordinator! Collect luggage and board bus for transfer to Quebec City
- 6:00 PM** Arrive **Québec Hotel** - Check in and welcome orientation (*bellman handle luggage*)

*Québec City, founded in 1608 is the birthplace of French North America. It is also a UNESCO world heritage site and the only walled city north of Mexico.*

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- 6:30 PM** Dinner at authentic French Canadian restaurant in Old Québec – **INCL**
- PM** Personal exploration in Old Quebec or use of hotel and pool facilities
- 10:00 PM** Curfew each evening at hotel (*Chaperones Discretion – Enjoy your rest*)

**WEDNESDAY**

**MARCH 25, 2020**

**DAY 2**

- 8:30 AM** Full Québécois breakfast at authentic restaurant in Old Québec – **INCL**
- 10:00 AM** Enjoy a *guided walking tour* of Old Québec

*You will visit Place Royale, Quartier Petit-Champlain, and other points of cultural and historical significance. Place Royale is the spot where the famous French explorer, Samuel de Champlain, decided to set up a colony that would later become Québec City. Therein, you will find Quartier Petit Champlain, one of the oldest quarters on the North-American continent. This area, steeped in history, is still home to many historical buildings which display 17<sup>th</sup> Century French architecture.*

- 12:00 PM** Exploration and lunch in Old Quebec - Place Royale / Rue du Trésor / Quartier Petit Champlain
- 2:00 PM** Visit and tour *Musée National des Beaux-Arts du Québec* – The museum has an extensive collection of Québec art and introduces visitors to Québec’s rich cultural heritage. Your thematic guided visit will enable you to describe, analyse, and interpret works of art
- 5:00 PM** Dinner at authentic French Canadian restaurant in Old Québec – **INCL**
- 7:00 PM** Uniropa *folk evening* with French Canadian chansonnier at your hotel
- 10:00 PM** Curfew each evening at hotel (*Chaperones Discretion – Enjoy your rest*)

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## **THURSDAY**

**MARCH 26, 2020**

**DAY 3**

- 8:30 AM** Enjoy breakfast in the Québec Parliament Building at Le Parlementaire - **INCL**
- AM** Enjoy a ride on the ferry that connects Québec City to Lévis, a city directly across the St. Lawrence River.  
The view of Québec City and the surrounding area is breathtaking from the ferry
- 11:30 AM** Lunch and Personal Exploration of Old Montréal / Underground City / Place Ville Marie / Vieux Port
- 1:30 PM** Depart hotel for a tour of the *Beaupre Coast* – You will visit Ste Anne de Beaupré Cathedral and pilgrimage site, Montmorency Falls (*100 feet higher than Niagara Falls*), and a traditional Québécois Sugar Shack
- 6:00 PM** Enjoy a specialty dinner and a show at a Quebecois Sugar Shack – **INCL**
- 10:00 PM** Curfew each evening at hotel (*Chaperones Discretion – Enjoy your rest*)

## **FRIDAY**

**MARCH 27, 2020**

**DAY 4**

- 8:00 AM** Check out of hotel and store luggage with bellmen until departure
- 8:45 AM** Full Québécois breakfast at authentic restaurant in Old Québec – **INCL**
- 10:00 AM** Visit and tour the *Martello Tower* “Soldier of the Tower” - Interactive activity on the Plains of Abraham where you will actively partake in defending the city as a soldier posted. Through this exercise, you will quickly understand first-hand the importance of a soldier’s responsibility and the living conditions of a soldier in the early 1800’s
- 11:00 AM** Personal Exploration – Last minute souvenir shopping & photos
- 12:30 PM** Depart for Montreal

*En-route to Montreal visit Montréal’s Olympic Park, the venue for the 1976 Summer Olympics.*

- 2:30 PM** Arrive Montreal’s *Olympic Park*, the venue for the 1976 Summer Olympics.

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- 3:00 PM** Be amazed by the breathtaking view of the city of Montréal from the *Olympic Tower* – The highest inclined tower in the world!
- 4:00 PM** Visit and tour of the state of the art *Montreal Planetarium* – Participants will embark on a moving journey through the splendours and power of space. From the infinitely small to the infinitely large, a cosmic poem on the link between humankind and the Universe.
- 6:00 PM** Arrive **Montréal Hotel** - Check in and welcome orientation (*bellman handle luggage*).
- 6:45 PM** Dinner this evening at a Parisian Bistro in the heart of Old Montréal – **INCL**
- PM** Personal exploration in Old Quebec or use of hotel and pool facilities
- 10:00 PM** Curfew each evening at hotel (*Chaperones Discretion – Enjoy your rest*)

**SATURDAY**

**MARCH 28, 2020**

**DAY 5**

- 9:00 AM** Full breakfast at a downtown restaurant in Montréal – **INCL**
- 10:00 AM** Enjoy a guided *walking tour of Old Montreal* – Discover Place d' Armes, Old Port, Place Jacques-Cartier, and other points of historical/cultural significance.
- 12:00 PM** Lunch and Personal Exploration of Old Montréal / Underground City / Place Ville Marie / Vieux Port
- 2:00 PM** Visit and tour *Pointe-à-Callière* – Set on a site bearing evidence of over 1,000 years of human activities and on the very birthplace of Montreal. The museum is a national historical and archaeological site which highlights and explores the time of the natives to present day Montreal.
- 3:30 PM** Old Montréal Exploration - Souvenir shopping & Photos
- 6:00 PM** Visit the beautiful *Notre Dame Cathedral* in the heart of Old Montréal for a presentation of “Aura” – A multimedia sound and light show illuminating the beauty of the cathedral

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**7:00 PM** Dinner this evening at a Parisian Bistro in the heart of Old Montréal – **INCL**

**10:00 PM** Curfew each evening at hotel (*Chaperones Discretion – Enjoy your rest*)

## **SUNDAY**

**MARCH 29, 2020**

**DAY 6**

**8:30 AM** Check out of hotel and store luggage with bellmen until departure

**9:15 AM** Full breakfast at a downtown restaurant in Montréal – **INCL**

**10:15 AM** Personal Exploration – Last minute souvenir shopping & photos

**11:45 AM** Return to hotel to collect luggage and prepare to depart. Depart Montréal hotel for Ottawa

**2:30 PM** Arrive **Ottawa Hotel** - Check in and welcome orientation (*bellman handle luggage*).

**3:30 PM** Enjoy a guided tour of the *Canadian Museum of History* – Discover the events, experiences, people, and objects that have shaped Canada's history.

**5:30 PM** Dinner this evening in the Byward Market – **INCL**

**PM** Enjoy a guided *walking tour of Ottawa* – Discover and learn about the history that created Canada's national capital

**10:00 PM** Curfew each evening at hotel (*Chaperones Discretion – Enjoy your rest*)

## **MONDAY**

**MARCH 30, 2020**

**DAY 7**

**8:00 AM** Full breakfast at a downtown restaurant in Ottawa – **INCL**

**9:45 AM** Enjoy a guided tour of the *Canadian War Museum* – Expand your knowledge of the conflicts that have shaped Canada's history, while exploring the personal, national, and international dimensions of Canada's military history.

**12:00 PM** Lunch and Ottawa Exploration

**2:30 PM** Visit the heart of Canada's democracy at the *Parliament of Canada*. Students will visit the Centre Block (*Senate & House of Commons*) and Library of Parliament

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You will also have an opportunity to see our democracy in action, by watching the proceedings of the Senate or House of Commons while they are in session (*subject to availability*)

- 5:30 PM** Dinner this evening in the Byward Market – **INCL**
- 7:30 PM** Experience a spooky *Ghost Tour* by lantern light through the streets of Ottawa. Explore the Bytown Museum, Fairmont Chateau Laurier, and Ottawa's haunted high school.
- 10:00 PM** Curfew each evening at hotel (*Chaperones Discretion – Enjoy your rest*)

**TUESDAY**

**MARCH 31, 2020**

**DAY 8**

- 8:00 AM** Check out of hotel and store luggage with bellmen until departure
- 8:30 AM** Full breakfast at a downtown restaurant in Ottawa – **INCL**
- 10:00 AM** Ottawa Exploration - Souvenir shopping & Photos
- 11:30 AM** Return to hotel to collect luggage and prepare to depart. Time to say goodbye to your coordinator!
- PM** Arrive Ottawa Airport - Check in at ticket counter
- PM** Depart Ottawa ***AIR SCHEDULE TBA***
- PM** Arrive Edmonton - Transfer home

***BON VOYAGE !!!***

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