



**PROGRESSIVE
ACADEMY**



Progressive Academy Team Building 2024

Pioneer Camp Ranch, Rocky Mountain House

Wednesday, Sept. 4 - Friday, Sept. 6

Grades 7-12



Three Days of Adventure

Our school year at Progressive always starts with an adventure camp, which is a part of our regular school program. This camp provides exceptional experiences for our students, developing teamwork skills, fostering solid peer relationships, teaching students to rise to personal challenges, and creating wonderful memories to look back on for years to come.

This three-day program provides students with a variety of adventure education experiences. Students will receive training in both hard skills and safety considerations for each of the activities.



ADVENTURE EDUCATION PROGRAM – September 2024

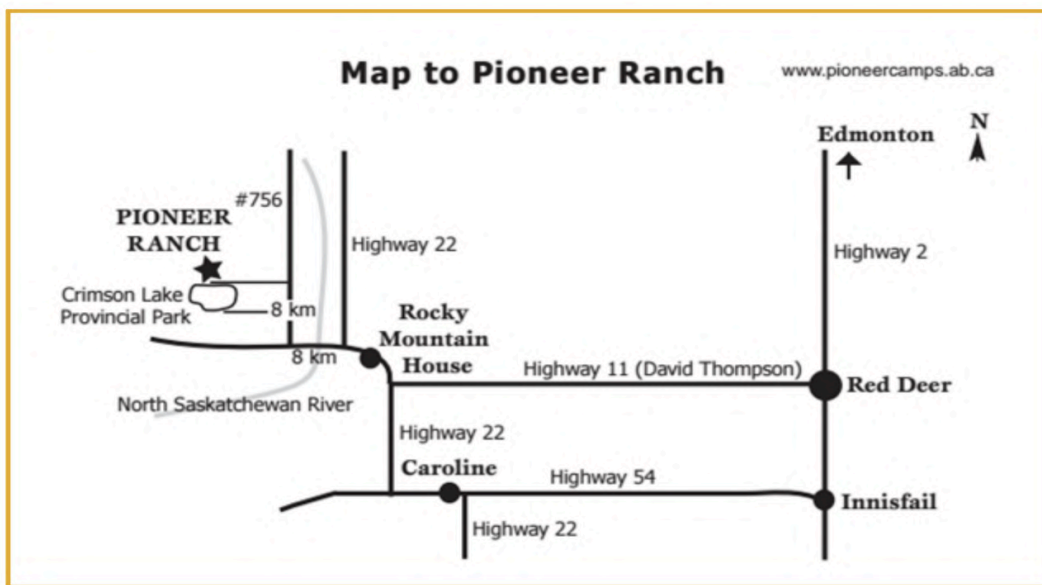
SCHOOL: Progressive Academy

TEACHER CONTACT: Cristina Miranda/ Kim Ehman

CONTACT PHONE NUMBER: 780 901 9717/ 403 589-0827

Location: Pioneer Camp Ranch is located on Crimson Lake, 16 km northwest of Rocky Mountain House.

Address: 403048 Buster Creek Rd, Rocky Mountain House, AB, T0C 0A0



Directions from Rocky Mountain House:

- Drive west on highway 11 - David Thompson Highway (8 km)
- Turn right (north) towards Crimson Lake Provincial Park (sign) on Highway 756 (8km)
- Go past the Crimson Lake Provincial Park entrance 1 km and turn left at the Pioneer Ranch Camp sign
- Follow the gravel road into the camp
- Unload your gear from your vehicle and park your car in the main parking lot next to the horse corrals

Program Dates: September 4-6, 2024

Arrival Times: 11:00 AM, Pioneer Camp Ranch (leave PA at 7:30 AM)

Departure Times: ~2:00 PM (arrive back at PA ~ 6:00 PM)



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CONTACT NUMBERS: Guest Coordinator at 1-403-638-2660

E-MAIL: Guestcoordinator@pioneeracamps.ab.ca

TRANSPORTATION: Transportation will be provided from the school by yellow school bus or coach bus.

PROGRAM FEE: included in yearly activity fee

- includes transportation, meals, accommodations, guiding/instruction and all equipment
- Special dietary requirements (gluten-free, lactose-free, vegan etc.): \$15.00+GST per student. No surcharge for vegetarian or nut free diets.

EQUIPMENT: An equipment list for participants is attached. Equipment is essential for student participation and well-being. Please ensure students come prepared with appropriate gear and clothing.

Menu and Food Accommodations:

Pioneer Camp Ranch can accommodate special nutritional needs such as celiac and diabetic diets as well as some food allergies. Vegetarian options for meals can also be provided upon request. The Tuck Shop will also have beverages and snacks that can be purchased.

Please do not bring any snacks containing nuts.

Questions?

If you have any questions at all about our team building trip for the 2024 school year please email Cristina Miranda at cristina.miranda@progressiveacademy.ca.

We look forward to another wonderful start to the school year!

GUEST GROUP PACKING LIST

SPRING OR FALL:

- Sleeping bag; or sheets and a blanket
- Pillow and case
- Towels and wash cloth
- Toiletries: soap, shampoo, comb/brush, toothpaste/toothbrush, personal hygiene products
- Long pants including 1 pair of jeans for riding (shorts, capris, etc. are NOT acceptable)
- Comfortable clothing that can be worn outdoors
- Sweatshirt and/or fleece jacket
- Warm coat
- Rain wear/coat and pants
- Pajamas
- Swimsuit(s)
- 2 pairs of socks per day: 1-2 pairs of cotton, 3-6 pairs of synthetic socks
- Athletic shoes (good for running/outdoor use)
- Indoor slippers/shoes
- Boots with a distinguishable heel for riding (cowboy/rubber boots; No hiking boots for riding) - *however, we do have many onsite for your use*
- Flashlight with batteries
- Insect repellent
- Sun block
- Brimmed hat
- Water bottle
- Spending money for pop machine or Tuck Shop/Camp Store (optional)
- Camera (Please do not send expensive cameras as they may get damaged.)

WINTER (including most of the things above):

- Insulated snow pants and jacket
- Insulated snow mitts and/or gloves (mitts are warmer than gloves)
- Winter hat (ear muffs are not warm enough)
- Warm scarves
- Wool/Acrylic (winter) socks (cotton socks -white athletic - are not warm enough)
- Snow boots: insulated with removable liners (liners can be removed and dried)
- Long underwear
- Skates (optional)

What Not to Bring:

- DO NOT BRING ALCOHOL or FOOD CONTAINING NUTS
- Chewing gum
- Pets/ animals
- Knives, weapons of any kind
- Alcohol, drugs, cigarettes
- Valuable/Cherished items such as jewelry and expensive electronics

Pioneer Camp does not take responsibility for your lost items.

ADVENTURE EDUCATION PROGRAM – September 2024**Please fill out the following section and return it to the school**

Please **circle** to indicate if one of the following meal exceptions is needed for your child.

Vegetarian Gluten Free Nut Free No Pork No Beef

My child(ren) _____ is/are allowed to attend Pioneer Camp for the 2024 school year.

My child(ren) _____ will not be attending Pioneer Camp for the 2024 school year.

Date: _____

Signature: _____

