



**PROGRESSIVE**  
**ACADEMY**



## Progressive Academy Team Building 2025

Camp Evergreen, Sundre

Monday, Sept. 8 - Wednesday, Sept. 10

Grades 7-12



### Three Days of Adventure

Our school year at Progressive always starts with an adventure camp, which is a part of our regular school program. This camp provides exceptional experiences for our students, developing teamwork skills, fostering solid peer relationships, teaching students to rise to personal challenges, and creating wonderful memories to look back on for years to come.

This three-day program provides students with a variety of adventure education experiences. Students will receive training in both hard skills and safety considerations for each of the activities.



**ADVENTURE EDUCATION PROGRAM – September 2025**


**SCHOOL:** Progressive Academy

**PRINCIPAL CONTACT:** charmain@progressiveacademy.ca

**CONTACT PHONE NUMBER:** 780-455-8344

**Location:** Sundre, AB

**Address:** 31404 Range Rd. 52 Township Road 314 Mailing Address Box 492 Sundre, AB T0M 1X0 Bergen, AB T0M 1X0

<b>DIRECTIONS TO CAMP EVERGREEN</b>	
	<p><b>From Calgary</b></p>
	1. Take Highway 2 northbound.
	2. Turn west (left) at the Didsbury overpass, onto the 582 (exit #326).
	3. Go straight through a four way stop (intersection with the 2A). After going down a hill turn right at Zion Evangelical Missionary Church, to stay on the 582.
	4. Take the 582 for 27km, until you reach Highway 22. Turn north (right). Stay on Highway 22 for about 2km.
	5. Turn west (left) onto Bergen Road (TWP 320). Continue for about 9km.
	6. Turn south (left) onto Range Road 52 (it's a gravel road, next to the Bergen Cemetery). Proceed for 3km.
7. Turn west (right) onto the Camp Evergreen driveway and follow it about 500m into the parking lot. We'll meet you at the Welcome Centre (cedar building, green roof).	
	<p><b>From Red Deer</b></p>
	1. Take Highway 2 southbound.
	2. Turn west (right) onto Highway 27, toward Olds.
	3. Stay on Highway 27, which takes you straight through Olds, for about 25km.
	4. Turn south (left) onto Highway 22, toward Cochrane.
	5. Turn west (right) onto Bergen Road (TWP 320). Continue for about 9km.
	6. Turn south (left) onto Range Rd. 52 (cemetery is on the corner)
7. Turn west (right) onto the Camp Evergreen driveway and follow it about 500m into the parking lot. We'll meet you at the Welcome Centre (cedar building, green roof).	
<p>Our civic address is 31404 Range Road 52</p> <p>Our legal land description is SE ¼ 27-31-5 W5</p>	

**Program Dates:** September 8-10, 2025

**Arrival Times: Noon at Evergreen Camp** (leave PA at 8:00 AM)

**Departure Times: ~1:00 PM** (arrive back at PA ~ 5:30 PM)

**TRANSPORTATION:** Transportation will be provided from the school by yellow school bus or coach bus.

## ADVENTURE EDUCATION PROGRAM – September 2025

**PROGRAM FEE:** included in yearly activity fee

- includes transportation, meals, accommodations, guiding/instruction and all equipment
- Special dietary requirements (gluten-free, lactose-free, vegan etc.):

**EQUIPMENT:** An equipment list for participants is attached. Equipment is essential for student participation and well-being. Please ensure students come prepared with appropriate gear and clothing.

### **Menu and Food Accommodations:**

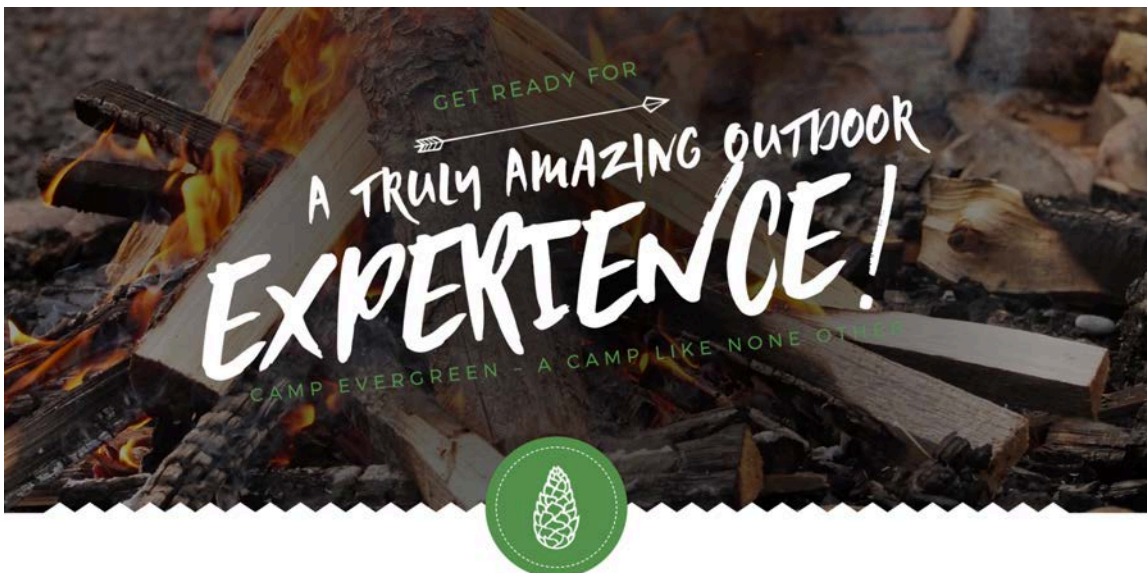
Evergreen Camp can accommodate special nutritional needs such as celiac and diabetic diets as well as some food allergies. Vegetarian options for meals can also be provided upon request.

**Please do not bring any snacks containing nuts.**

### **Questions?**

If you have any questions at all about our team building trip for the 2025 school year please email Charmain at [charmain@progressiveacademy.ca](mailto:charmain@progressiveacademy.ca).

We look forward to another wonderful start to the school year!





# GUEST GROUP PACKING LIST



When packing for your visit to Camp Evergreen, please be prepared for ALL types of weather. We've seen snow in June and temperatures over 30° in October, so pack for hot sunny days and for blizzard conditions!

Please provide a packing list for every member of your group to ensure they have an enjoyable camp experience.

## **All campers are encouraged to remember:**

- Bed linens (or sleeping bag) and pillow
- Personal toiletries, including shampoo and soap
- Towel and facecloth
- Water bottle
- Flashlight
- Indoor shoes or slippers. Outdoor shoes are not permitted in the dining hall.
- A raincoat or poncho in the summer and warm winter clothing (warm coat, toque, gloves or mitten) and warm boots in the winter.
- Close-toed shoes (required on all horse-related activities and climbing activities including zipline)
- Long pants (required on all horse-related activities)
- Any personal medications you may need and first aid items

## ADVENTURE EDUCATION PROGRAM – September 2025

### Please fill out the following section and return it to the school

Please **circle** to indicate if one of the following meal exceptions is needed for your child.

Vegetarian    Gluten Free                      Nut Free    No Pork    No Beef

My child(ren) \_\_\_\_\_ is/are allowed to attend Evergreen Camp for the 2025 school year.

My child(ren) \_\_\_\_\_ will not be attending Evergreen Camp for the 2025 school year.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

